

Clothing	Personal	Equipment	Other
<input type="checkbox"/> Field Boots	<input type="checkbox"/> Prescription medications	<input type="checkbox"/> Tent & tent spikes	<input type="checkbox"/> Cell phone*
<input type="checkbox"/> Shoes (sneakers)	<input type="checkbox"/> Lip balm w/ sunscreen (3)	<input type="checkbox"/> Nylon cord / Tiedowns for tent	<input type="checkbox"/> Headphones
<input type="checkbox"/> Flip-flops (showers)	<input type="checkbox"/> Sunblock	<input type="checkbox"/> Duct tape	<input type="checkbox"/> Car charger
<input type="checkbox"/> Jeans	<input type="checkbox"/> Bug repellent	<input type="checkbox"/> Tarps (small)	<input type="checkbox"/> Wall charger
<input type="checkbox"/> Pants	<input type="checkbox"/> Toilet paper for field	<input type="checkbox"/> Sleeping bag	<input type="checkbox"/> Solar charger
<input type="checkbox"/> Shorts	<input type="checkbox"/> Travel towel	<input type="checkbox"/> Sleeping bag liner / warm blanket	<input type="checkbox"/> Postcard stamps
<input type="checkbox"/> Belt	<input type="checkbox"/> Wash cloth	<input type="checkbox"/> Bed roll / sleeping pad	<input type="checkbox"/> Quarters for laundry
<input type="checkbox"/> Rain pants	<input type="checkbox"/> Wet wipes / solar shower	<input type="checkbox"/> Mess kit (plate, bowl, utensils, mug)	<input type="checkbox"/> Hand warmers
<input type="checkbox"/> Light day jacket	<input type="checkbox"/> Shampoo	<input type="checkbox"/> Sandwich tupperware	<input type="checkbox"/> Binoculars
<input type="checkbox"/> Rain coat	<input type="checkbox"/> Soap	<input type="checkbox"/> Water bottle or bladder (need 3-4 liters worth)	<input type="checkbox"/> Small sewing kit
<input type="checkbox"/> Warm Jacket	<input type="checkbox"/> Moisturizer	<input type="checkbox"/> Head lamp	<input type="checkbox"/> Tissues
<input type="checkbox"/> Wide brim hat	<input type="checkbox"/> Deodorant	<input type="checkbox"/> Batteries	<input type="checkbox"/> Vitamins
<input type="checkbox"/> Winter hat (beanie)	<input type="checkbox"/> Toothbrush	<input type="checkbox"/> Soft day pack (no frame)	
<input type="checkbox"/> Winter gloves	<input type="checkbox"/> Toothpaste	<input type="checkbox"/> Pocket knife	
<input type="checkbox"/> Work gloves	<input type="checkbox"/> Q-tips	<input type="checkbox"/> Camera	
<input type="checkbox"/> Sweatshirt	<input type="checkbox"/> Feminine products	<input type="checkbox"/> Rock hammer	
<input type="checkbox"/> Long sleeve shirts	<input type="checkbox"/> Razor	<input type="checkbox"/> Hand lens	
<input type="checkbox"/> Short sleeve shirts	<input type="checkbox"/> Brush / comb	<input type="checkbox"/> Field notebook	
<input type="checkbox"/> Socks	<input type="checkbox"/> Hair bands / clips	<input type="checkbox"/> Sharpie (ultra fine point)	
<input type="checkbox"/> Underwear	<input type="checkbox"/> Nail file / clipper	<input type="checkbox"/> Protractor	
<input type="checkbox"/> Thermal underwear	<input type="checkbox"/> Personal first aid kit	<input type="checkbox"/> Calculator	
<input type="checkbox"/> Pajamas	<input type="checkbox"/> Eye Drops	<input type="checkbox"/> Pencils - 2H & 3H	
<input type="checkbox"/> Ankle gators	<input type="checkbox"/> Nail Clippers	<input type="checkbox"/> Regular pencils	
<input type="checkbox"/> Bandanas	<input type="checkbox"/> Tweezers	<input type="checkbox"/> Colored pencils	
	<input type="checkbox"/> Alcohol wipes	<input type="checkbox"/> Pocket pencil sharpener	
	<input type="checkbox"/> Pain medication (e.g., ibuprofen)	<input type="checkbox"/> Ruler (at least 15 cm long)	
	<input type="checkbox"/> Allergy medicine	<input type="checkbox"/> Clip board (legal size)	
	<input type="checkbox"/> Antacids	<input type="checkbox"/> Sun glasses	
	<input type="checkbox"/> Cold Medication	<input type="checkbox"/> Large ziplock bags	

Note: All Items listed are recommended not required and must fit in your 2 travel bags. Some of our sites have no cell phone reception, so be prepared! (You'll be fine.)