

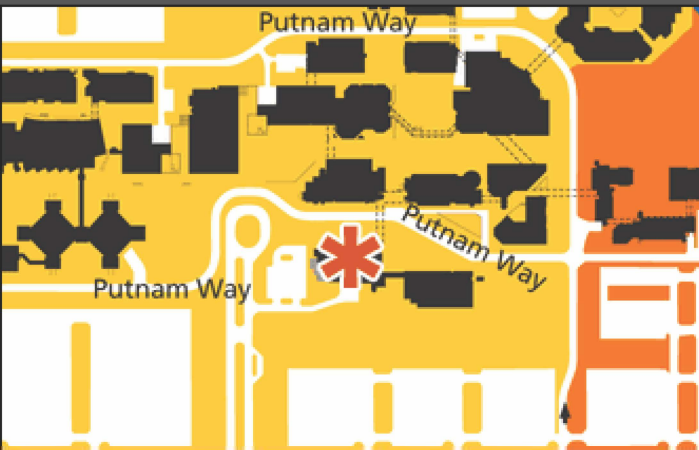
## Getting to the Center

The Psychological Services Center is located in 168 Park Hall on UB's North Campus.



By mass transit: take Route 44 from the Main Street campus and get off at Flint Circle.

By car: take Millersport Highway North to Flint Entrance, or take Maple Rd. to Flint Entrance. From the thruway, take Route I-290 to exit #4 (Route 990). Take Route 990 to exit #1 (UB), merge to Audubon Parkway, then left on Flint Rd.



Psychological Services Center

Department of Psychology

University at Buffalo

The State University of New York

Buffalo, NY 14260-4110



**UNIVERSITY AT BUFFALO**

THE STATE UNIVERSITY OF NEW YORK

## PSYCHOLOGICAL SERVICES CENTER

Evidence-Based  
treatment for individuals,  
couples, children, and  
families.

UB North: 168 Park Hall

UB South: 52 Biomedical Education

Bldg (UB Audiology Clinic)

Phone: (716) 645-3697

Fax: (716) 645-6186

Email: [ub.psychservices@gmail.com](mailto:ub.psychservices@gmail.com)

# EVIDENCE-BASED TREATMENTS



The Psychological Services Center (PSC) specializes in delivering Evidence-Based Treatments, which are treatments that have been supported by scientific research.

The PSC operates under the Department of Psychology as a service to the community and as a training clinic for the doctoral program in clinical psychology.

The PSC is staffed by advanced graduate students who are supervised by clinical psychology faculty.

**We offer limited  
tele-health services**

## Psychological Services

The Psychological Services Center provides psychological services for children, adolescents, and adults.

Services include:

- Psychological assessment (IQ, Personality, Achievement, ADHD)
- Psychotherapy
- Smoking cessation
- Parent-Child Interaction Therapy

The PSC provides treatment for the following:

- Academic problems
- Anger
- Anxiety / panic
- Attention Deficit/Hyperactivity Disorder
- Coping with pain and illness
- Child behavioral /emotional problems
- Depression
- Family discord
- LGBTQ issues
- Identity problems
- Interpersonal conflict resolution
- Life changes
- Marital / relationship concerns
- Obsessive-compulsive behavior
- Self-esteem
- Sexual problems
- Trauma and post-traumatic stress

## Getting Started

Contact the Psychological Services Center to schedule an initial **FREE** screen appointment over the phone. This gives you the opportunity to discuss your concerns and make sure our center is the right fit for you.

After the screen you will be matched with a therapist based on your unique needs.

Your therapist will conduct a thorough psychological evaluation in order to plan the most effective treatment.

## Fees

Services are provided on a sliding fee scale. We offer a reduced fee for UB students, staff, and faculty.

The PSC does not currently accept insurance. The fees charged are often the same as, or less than, the cost of the co-pay for mental health treatment required by many insurances.

## Contact Us

For more information and to schedule an initial screen appointment, call 716-645-3697.

Visit our website for details about services:  
<https://arts-sciences.buffalo.edu/psychology/about/psychological-services.html>